

An aerial photograph of a large recreational facility. In the foreground, there is a large asphalt parking lot with several cars and a white van. To the right of the parking lot is a large, multi-winged building with a green roof and red brick walls. Next to the building is a red barn with a white roof. In the background, there is a dense forest of green trees, and further back, a range of blue mountains under a clear blue sky.

# BEDFORD COUNTY PARKS + RECREATION

**PROGRAM GUIDE VOL.1**  
**JANUARY - JUNE 2019**



# RENOVATIONS

Renovations of the Falling Creek Center are nearing completion. This newly designed facility will be home to the Bedford County Parks and Recreation Department and the Bedford County Co-operative Extension offices. The former Bedford County Nursing Home was re-purposed roughly 10 years ago to house the Parks and Recreation Department with hopes of offering more programming options to Bedford County Citizens. Phase 1 of renovations to the nearly 16,000 square foot facility began in the Summer of 2017 and were completed in roughly 9 months. Phase 2 is nearly completed and began in the Spring of 2018. Upgrades to the facility include a residential training kitchen, senior lounge, community/program rooms and improved office space. Preparations are currently underway for a Open House/ Grand Opening to take place in the Spring of 2019.



CAFE BEFORE



CAFE AFTER



CAFE BEFORE



CAFE AFTER



MAIN ENTRANCE



HALLWAY BEFORE



KITCHEN



CONFERENCE ROOM



HALLWAY AFTER

# YOUTH PROGRAMS

## SUMMER CAMPS

### SUPERHERO CAMP

June 3rd - June 7th OR June 24th - June 28th

9:00AM - 3:00PM // Falling Creek Park

FEE : \$75

AGES : 5+

### MAGIC FAIRY CAMP

June 10th - June 13th OR July 29th - August 2nd

9:00AM - 3:00PM // Falling Creek Park

FEE : \$75

AGES : 5+

### ART CAMP

June 17th - June 21st OR July 8th - July 12th

9:00AM - 12:00PM // Forest Recreation Center

FEE : \$65

AGES : 5-9

### ART CAMP

July 15th - July 19th // 9:00AM - 12:00PM

Forest Recreation Center

FEE : \$65

AGES : 10+

## EASTER EGG HUNT

Saturday, April 13th // 11:00AM

Elks Home

FREE

Kids age 3 - 12 will be able to enjoy a toy and sticker filled egg hunt and a visit with the Easter Bunny. Please call 540.586.7682 to pre-register.

## YOUTH FISHING + OUTDOOR EXPERIENCE

Saturday, June 1 // 9:30AM - 4:00PM

Smith Mtn. Lake Discovery Center

FREE

This annual even includes fishing, casting contest, fire boat rides, boat and water safety, paintball ranger, canoeing and a biologist exhibit. Pre-registration is highly recommended. There is a 200 child limit. Please call 540.586.7682 for more information

## MOVIES IN THE PARK

Saturday, June 15

Falling Creek Park

FREE

Bedford County Parks and Recreation will once again host the Movies in the Park summer series. The Movies in the Park series offers families a safe and enjoyable night in the park and movies will be free of charge.

## KINDERDANCE

Tuesdays // 6:15PM - 7:00PM

Forest Recreation Center

Bedford Primary School

Wednesdays 5:30PM - 6:15PM & 6:15PM - 7:15PM

Thursdays 5:30PM - 6:00PM & 6:00PM - 6:45PM

*For more information or to register visit*

*<https://kinderdancecv.com/>*

## CHAMPIONS IN MOTION CHEER PROGRAM

Bedford Middle School Gymnasium

503 Longwood Ave. Bedford, VA

Ages 4 - 6 6:00PM - 6:45PM

Ages 7 - 9 6:45PM - 7:30PM

Ages 10+ 7:30PM - 8:15PM

*\*Registration is 15 minutes before class or visit <http://www.championsinmotion.org/> for more info.*



# ATHLETICS

## BASEBALL, SOFTBALL AND SPRING SOCCER

FEBRUARY 1ST - MARCH 1ST

### ON SITE REGISTRATION // FEBRUARY 23RD

Huddleston and Big Island Elementary  
9:00AM - 11:00AM

Moneta and Montvale Elementary  
12:00PM - 2:00PM

Stewartsville and Parks and Rec Office  
3:00PM - 5:00PM

*You can sign up at the Parks and Rec Office Monday through  
Friday from 8:30AM - 5:00PM*



# SENIOR PROGRAMS & TRIPS

## SENIOR BINGO

If you are 50 years or older and like to socialize and play Bingo, then this is the place for you. The Bedford County Parks and Recreation Department offers Bingo 3 times a month at 3 locations from 12:00PM – 2:00PM. Forest Recreation Center (2nd Tuesday), Moneta Rescue Squad (3rd Wednesday), and the Bedford Moose Lodge (4th Thursday). Lunch is served at all locations so come and bring your favorite dish to share. Cost is \$1.00 per card with a limit of 4 cards per person. For more information please contact the Recreation office at 540.586.7682 or come by our office at 1257 County Farm Rd. Bedford.

## OIL PAINTING BY THE BOB ROSS METHOD

*WITH INSTRUCTOR ED GOWEN*

Thursday, February 21<sup>st</sup> & Thursday, March 21  
10:00AM - 4:00PM // Forest Recreation Area

Even people who have never painted before can do this although more experienced people will also enjoy the classes. Each painting is done on a 16x20 inch canvas (unless otherwise specified) using Bob Ross supplies. Students bring a roll of paper towels, all other supplies included.

## LINE DANCE CLASS

Bedford County Parks and Recreation offers a free line dancing class that meets at the County Gym on Tuesdays at 10:00AM. If you are interested please call 540.586.7682 for more information.

## CHERRY BLOSSOM FESTIVAL

April 4, 2019

FEE : \$89 per person

Join Bedford County Parks and Recreation on a trip to Washington D.C. to see the cherry blossoms. The blooming of the cherry trees around the Tidal Basin in Washington D.C. has come to symbolize the natural beauty of our nation's capital city. Trip includes round trip motor coach, breakfast biscuit; Washington D.C. guided tour and cherry blossoms at the Tidal Basin. Please call Bedford County Parks and Recreation at 540.586.7682 to register.

## BILLY GRAHAM LIBRARY AND DANIEL STOWE BOTANICAL GARDEN

May 16, 2019

FEE : \$99 per person

Join Bedford County Parks and Recreation on a trip to the Billy Graham Library and Daniel Stowe Botanical Gardens. The Billy Graham Library is a 40,000 square foot experience where you'll discover the life and legacy of America's Pastor. Then will visit the Daniel Stowe Botanical Gardens providing guests a chance to reconnect with nature and to create lifelong memories with friends and family. Please call Bedford County Parks and Recreation at 540.586.7682 to register.



# TRAILS

## BEDFORD MOUNTAIN CROSS WINTER SERIES

We'll keep your legs spinning with the Bedford Winter Mountain Cross Race Series. Come on out and join in on the Racing, Fun, Food, Prizes and Friends! More good times coming with the Bedford Trails Winter Mountain Cross Race Series right around the corner. Get signed up today!

### MTX#1 KICKOFF RACE

Sunday 2/3/2019 at 1:30PM

Falling Creek Park Bedford, VA

### MTX#2 AFTER DARK

Saturday 2/9/2019 at 6:30PM

Falling Creek Park Bedford, VA

### MTX#3

Sunday 2/17/2019 at 1:30PM

Falling Creek Park Bedford, VA

### MTX#4 CHAMPIONSHIP FINALE!

Sunday 2/29/2019 at 1:30PM

Falling Creek Park Bedford, VA

Registration <https://www.bikereg.com/bedfordmountaincross>

## TASTE OF THE TRAILS

April 27th, 2019

May 18th, 2019

5K and Mountain Bike Rides!

Registration <https://www.bikereg.com/taste-of-the-trails>

## CENTRA REHAB FAT TIRE WEEKEND

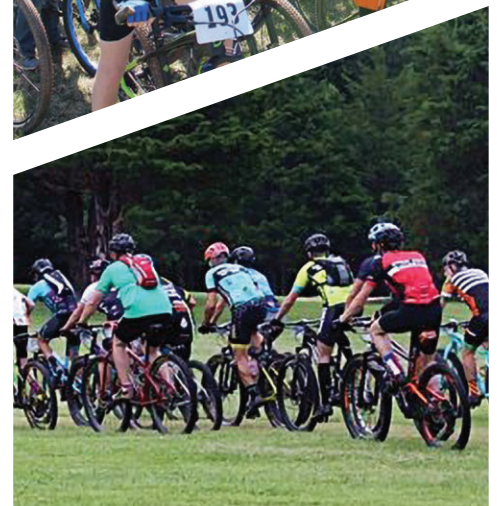
June 7th - 9th, 2019

A weekend of Mountain Biking FUN and racing for the WHOLE FAMILY at Falling Creek Park in beautiful Bedford VA! ALL SKILL LEVELS AND ALL AGES WILL HAVE A GREAT TIME! Falling Creek Park has something for everyone, a MOUNTAIN BIKE PROGRESSION PARK with PUMP TRACK that is suitable for all levels of riders, for the kiddos a large PLAYGROUND, 18 HOLE DISC GOLF and a world-class SKATE PARK. FREE on site camping (race weekend only, primitive and car camping, no RV hook-ups) and HOT SHOWERS!

Registration <https://www.bikereg.com/bedfordtrailsbikeraces>

On site registration available 1 hour before event start. Cash or Check only.

More information [www.bedfordtrails.wordpress.com](http://www.bedfordtrails.wordpress.com)



# COOPERATIVE EXTENSION OFFICE

*SERVING THE NEEDS  
OF OUR COMMUNITY*

We are an educational outreach program of Virginia Tech and Virginia State University, with cooperation from local governments and the United States Department of Agriculture. We are a dynamic organization that stimulates personal and societal change, leading to more productive lives, families, farms, and forests as well as a better environment in urban and rural communities. Our mission is to provide research based educational programs to people in their communities to help them improve their lives.

Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, genetic information, marital, family, or veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer.

## 4-H CAMP ONE DAY KICK OFF REGISTRATION

Saturday, March 2, 2019 at 9AM - 1PM

1257 County Farm Road Bedford, VA

We will host a one-day kick-off registration event for youth participants. \$100 deposit will be due at the registration with the total cost of camp being \$260. Join us for the kick-off registration to reserve your spot, sign up for classes, and hear fun details about camp!

Financial Aid information available upon request by calling 540.586.7675.

## 2019 BEDFORD COUNTY 4-H CAMP

July 22nd - July 26th, 2019

Camp Cost : \$260

*(\$100 deposit due at the time of registration)*

Camp Location : W.E. Skelton 4-H Ed. Conference Center, Smith Mountain Lake, Wirtz, VA.

This is an overnight camp open to Bedford youth ages 9-13 as of September 30, 2019, and youth who will turn 14 years old in 2019.

### OFFICE HOURS

8:30am - 5:00pm

Monday - Friday

1256 County Farm Rd

Bedford, VA 24523

### CONTACT US

P: 540.586.7675

F: 540.586.4214

W: <http://office.ext.vt.edu/bedford>

### STAFF INFORMATION

Scott Baker

*Agricultural and Natural Resources Extension Agent*

Maribeth Martin

*4H Youth Development Extension Agent*

Susan Prillaman

*Family and Consumer Sciences Extension Agent*

Sandy Seals

*Unit Administrative Assistant*





## OFFICE HOURS

1257 COUNTY FARM RD. BEDFORD  
MONDAY - FRIDAY // 8:30AM - 5:00PM  
540.586.7682

## STAFF INFORMATION

WYATT WOODY - DIRECTOR  
SHARON ROSE - SENIOR ADMINISTRATIVE ASSOCIATE  
STUART SAUNDERS - PROGRAM COORDINATOR  
JONATHAN MITCHELL - ATHLETICS COORDINATOR  
CHRIS McDONALD - REGIONAL COORDINATOR  
A.J. MILLER - REGIONAL COORDINATOR  
JUNE CUNDIFF - ADMINISTRATIVE ASSISTANT  
KENNY PALMER - FACILITIES COORDINATOR  
BUCK PATTERSON - MAINTENANCE COORDINATOR  
SEAN CASTLE - TRAILS SPECIALIST  
TAMMY GRAHAM - MAINTENANCE WORKER  
LOGAN MACKEY - MAINTENANCE WORKER  
BRIAN MARTIN - MAINTENANCE WORKER

## FIND US ON FACEBOOK

<https://www.facebook.com/BCPRD>

<https://www.bedfordcountyva.gov>